



MENU



FOOD SERVED: Monday-Friday 7am-2pm & 5:30pm-9pm | Saturday & Sunday 7am-9pm

BREAKFAST MENU

Served 7am until 10am

Unlimited Cooked or Continental Breakfast **ONLY £15.95**
All you can eat breakfast, which includes unlimited fruit juices & tea & coffee

Monday – Friday 7am-2pm & 5:30pm-9pm
Saturday & Sunday 7am – 9pm

Full English <i>2 locally made pork sausages, 2 bacon, 2 free range eggs, mushroom, tomato, hash browns, baked beans & toast</i>	£11.50
Vegetarian Breakfast <i>2 vegan sausages, 2 free range eggs, mushroom, tomato, hash browns, baked beans & toast</i>	£10.50
Breakfast in a Bun <i>2 bacon, 2 locally made pork sausages & a free range fried egg</i>	£7.50
Bacon Bap or Sandwich <i>3 rashers of bacon</i>	£5.50
With an egg	£6.95
Sausage Sandwich/Bap <i>3 locally made pork sausages</i>	£5.95
With an egg	£7.40
Bacon & Sausage Sandwich/Bap <i>2 bacon & 2 locally made pork sausages</i>	£6.50
Beans on Toast <i>White or brown toast</i>	£5.95
2 Fried, Poached or Scrambled Eggs on Toast <i>White or brown toast</i>	£5.95
Breakfast Wrap <i>2 Sausages, 2 bacon, Free range fried egg, baked beans & hash brown</i>	£9.50

Extras

Toast	£1.00	Beans	£1.95
Fried Bread	£1.00	Mushrooms	£1.95
Free Range Egg	£1.50	Hash Browns	£2.50
Bacon (2)	£2.95	Toast & Preserves	£3.95
Sausage (2)	£3.25		

UPGRADE ANY OF THE ROLLS OR SANDWICHES TO A BAGUETTE FOR 95P

SANDWICHES & BAGUETTES

White or Granary bread or a freshly baked baguette, served with fries (upgrade to sweet potato fries for £1)

	<i>Sand</i>	<i>Bag</i>
Davidstow Cheddar Cheese & Honey Roast Ham	£7.95	£8.95
Lemon & Pepper Chicken, Chorizo, Roasted Pepper	£7.95	£8.95
Roast Beef & Horseradish	£7.95	£8.95
Tuna Mayo, Red Onion, Davidstow Cheddar	£8.95	£9.95
Brie, Bacon, & Cranberry	£7.95	£8.95
Prawn, Marie Rose, Leaves	£9.50	£10.50
Rump Steak, Fried Mushrooms & Onions		£13.95
Southern Fried Chicken, Mayo & Cos Lettuce		£10.95
Beer Battered Fish Fingers, Tartare Sauce	£9.95	£10.95
Cajun Halloumi, Roasted Pepper	£8.95	£9.95



WRAPS

Hot tortilla wraps, served with fries
(upgrade to sweet potato fries for £1)

Southern Fried Chicken, Davidstow Cheddar & BBQ Sauce	£10.95
Tuna, Red Onion, Davidstow Cheddar	£8.95
Cajun Grilled Halloumi, Red Onion, Roasted Pepper	£8.95
Brie, Bacon & Cranberry	£8.95
Cajun Halloumi, Roasted Pepper	£8.95

LIGHT MEALS

Plain Omelette <i>with fries & dressed salad</i>	£9.50
Fluffy three egg omelette with 2 fillings <i>Davidstow Cheddar, ham, chorizo, mushrooms, peppers, tomato or red onion with fries & dressed salad</i>	£10.95
Extra Fillings	£1.50 each
swap for sweet potato fries extra	£1.50
Trethorne Club Sandwich <i>A toasted triple layer sandwich, bacon, tomato, lemon & pepper chicken, mixed leaves, mayonnaise and fries</i>	£10.50
swap for sweet potato fries extra	£1.00

OVEN BAKED JACKET POTATOES

<i>Side salad and pink slaw</i>	
Davidstow Cheddar Cheese & Beans	£9.95
Tuna mayo, Red Onion	£9.95
Prawns & Marie Rose	£10.95
Pulled Pork & Davidstow Cheddar	£10.95
3 Bean Chilli	£10.50
Chilli con carne & Davidstow Cheddar	£10.95

DIRTY FRIES

Dirty Chilli Fries <i>Chilli con carne, Davidstow Cheddar</i>	£11.50
Dirty 3 Bean Chilli Fries <i>3 bean chilli, Davidstow Cheddar</i>	£11.50
Dirty Southern Fried Chicken Fries <i>Southern fried chicken & Davidstow Cheddar</i>	£11.95
Dirty Pulled Pork Fries <i>Chilli & Jack BBQ Pulled pork, Davidstow Cheddar</i>	£11.50
Dirty Philly Steak Fries	£16.95 (6oz) £21.95 (12oz)
<i>Rump steak, peppers, wild mushrooms, onions, Davidstow Cheddar</i>	

ADD CHILLI & JACK DANIELS BBQ SAUCE TO ANY DIRTY FRIES FOR £1.50

Chilli Nachos <i>Chilli tortilla chips, chilli con carne, Davidstow Cheddar, sour cream & guacamole</i>	£11.95
3 Bean Chilli Nachos <i>Chilli tortilla chips, 3 bean chilli, Davidstow Cheddar, sour cream & guacamole</i>	£11.95
Cheese Nachos <i>Chilli tortilla chips, topped with Davidstow Cheddar, sour cream & guacamole</i>	£9.50



STARTERS

Soup of the Day, Bread Roll & Butter	£6.95
Slow Cooked Chilli & Jack Daniel's BBQ Pork Ribs	£8.95
Southern Fried Chicken Strips, Chilli & Jack BBQ Sauce	£8.50
Pan Seared Garlic King Prawns, Crispy Chorizo, Roasted Pepper, Garlic Bread	£8.95
Breaded Brie, Chilli Jam	£8.50
Garlic Bruschetta, Garlic Wild Mushrooms, Sundried Tomato	£8.50
Cajun Grilled Halloumi, Roasted Red Pepper	£8.50

MAIN MEALS

Beer Battered Cod & Chips	£14.95
<i>Garden or mushy peas, chips & tartare sauce</i>	
Hunters Chicken	£14.50
<i>Grilled chicken breast & smoked streaky bacon, chilli & Jack Daniels BBQ sauce & Davidstow Cheddar, with fries & pink slaw</i>	
Honey Roasted Ham	£12.95
<i>Free range fried eggs & chips</i>	
Whole Tail Scampi	£14.50
<i>Chips, peas & tartare sauce</i>	
Curry of the day	£12.95
<i>Rice or chips & naan bread</i>	
Chicken Caesar Salad	£12.95
<i>Grilled chicken & bacon, cos lettuce, croutons & parmesan</i>	
Chicken & Chorizo Spaghetti	£13.95
<i>Creamy cheddar sauce & garlic bread</i>	
Traditional Beef Lasagne	£12.95
<i>Dressed salad, garlic bread & chips</i>	
Chilli Con Carne	£12.95
<i>Rice & chilli tortilla chips</i>	
Pie of the Day	£12.95
<i>Mashed potato, peas & gravy</i>	

VEGETARIAN OPTIONS

Butternut Squash & Spinach Lasagne	£12.95
<i>Dressed salad, chips & garlic bread</i>	
Thai Green Cauliflower, Pepper & Spinach Curry	£12.95
<i>Rice or chips & naan</i>	
Sundried Tomato & Olive Spaghetti	£12.50
<i>Garlic bread</i>	
Mac N Cheese	£12.50
<i>Garlic bread & dressed salad</i>	
Cajun Spiced Halloumi & Roasted Red Pepper Salad	£11.95
3 Bean Chilli	£12.95
<i>Rice & chilli tortilla chips</i>	

SIDE ORDERS

Chips	£4.50
Fries	£4.50
Sweet Potato Fries	£5.50
Cheesy Chips	£5.50
Cheesy Fries	£5.50
Cheesy Sweet Potato Fries	£6.50
Onion Rings	£4.95
Garlic Bread	£4.95
Garlic Bread with Cheese	£5.95
Pink Slaw	£2.50
Dressed Side Salad	£4.50

FROM THE GRILL

Served with balsamic roasted tomato, mushrooms, beer battered onion rings, peas & chips or fries (upgrade to sweet potato fries for £1.50)

12oz Rump steak	£21.95
6oz Rump steak	£16.95
8oz Sirloin steak	£20.95
10oz Gammon steak	£15.95
<i>free range fried egg & grilled pineapple</i>	
Trethorne Mixed Grill	£23.95
<i>Rump steak, pork steak, lamb cutlet, gammon steak, pork sausage & free range fried egg</i>	

EXTRAS

6 Scampi	£4.95	Garlic & Parsley Butter	£2.50
5 Garlic King Prawns	£5.95	Sauces	£3.95
		<i>(Peppercorn or Cornish blue cheese)</i>	

TRETHORNE BURGERS

Served in a toasted brioche bun, with cos lettuce, tomato, gherkins, chilli jam & pink slaw

Trethorne Signature Burger	£15.50
<i>6oz steak burger, Davidstow Cheddar, smoked streaky bacon, onion rings & free range fried egg</i>	
Classic Cheese Burger	£12.95
<i>6oz steak burger & Davidstow Cheddar</i>	
Trethorne Piggy Back	£16.50
<i>6oz steak burger, Davidstow Cheddar, chilli & Jack Daniels pulled pork & smoked streaky bacon</i>	
Pulled Pork	£12.95
<i>Chilli & Jack Daniels pulled pork & Davidstow Cheddar</i>	
Southern Fried	£12.95
<i>Chicken breast in a crispy southern fried coating</i>	

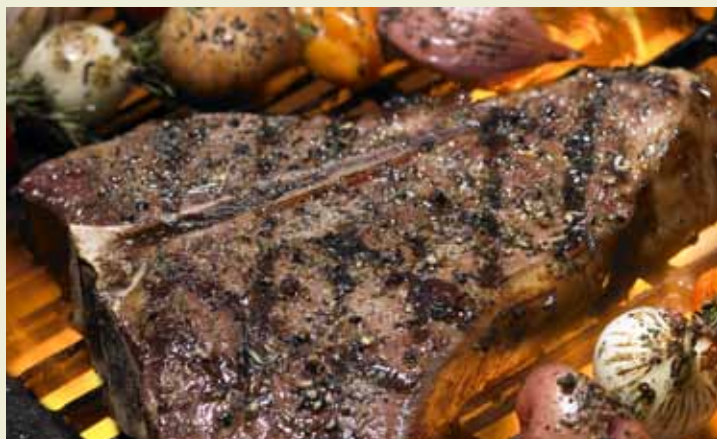
Double up with an extra 6oz steak burger, chilli & Jack Daniels pulled pork or southern fried chicken burger £3.95

SIDES

Fries	
Chips	
Sweet Potato Fries	£1.50 Extra

BURGER EXTRAS

Smoked Streaky Bacon	£2.95
Egg	£1.50
Onion Rings	£1.50
Cheese	£1.50
Coleslaw	£2.50





We have looked into detail at our kitchen procedures and although we have taken steps to control the unintended presence of allergenic ingredients in our food, we cannot fully guarantee this.

THE HEARTY PIRATES KIDS MENU



BUILD YOUR OWN MEAL
PLEASE CHOOSE 1 ITEM
FROM EACH ISLAND

KIDS MAIN MENU - £8.95

MAIN

- Chilli
- Lasagne
- ½ Chicken Breast
- Chicken Bites
- Sausages
- Mini Battered Cod
- Veggie Sausages
- Cheese & Tomato Naan Pizza
- Mac N Cheese
- 4oz Beef Burger



SIDE 1

- Fries
- Mash
- New Potatoes
- Rice
- Spaghetti
- Garlic Bread
- Bread Roll
- Jacket Potato
- Sweet Potato Fries



SIDE 2

- Peas
- Beans
- Vegetables
- Salad



DESSERT

- Yoghurt
- Fruit
- Mini Brownie
- Dairy Milk
- Vanilla Ice Cream
- Strawberry Ice Cream
- Chocolate Ice Cream



DRINK

- Simply Fruity Strawberry
- Simply Fruity Orange
- Simply Fruity Blackcurrant
- Simply Fruity Apple
- Water
- Diet Coke
- Coke
- Lemonade
- Milk



KIDS SNACK BOXES- £6.95

SANDWICHES

- Jam
- Cheese
- Ham



CRISPS

- Plain
- Cheese & Onion
- Salt & Vinegar



DESSERT

- Yogurt
- Fruit
- Mini Brownie
- Dairy Milk
- Kit Kat



DRINK

- Simply Fruity Strawberry
- Simply Fruity Orange
- Simply Fruity Blackcurrant
- Simply Fruity Apple
- Water
- Diet Coke
- Coke
- Lemonade



LITTLE PIRATES PLAY AREA

