



MENU



FOOD SERVED: Monday-Friday 7am-2pm & 5:30pm-9pm | Saturday & Sunday 7am-9pm

BREAKFAST MENU

Served 7am until 10am

Unlimited Cooked or Continental Breakfast **ONLY £16.95**
All you can eat breakfast, which includes unlimited fruit juices & tea & coffee

Monday – Friday 7am-2pm & 5:30pm-9pm
Saturday & Sunday 7am – 9pm

Golfers Breakfast 2 locally made pork sausages, 2 bacon, black pudding, 2 free range eggs, mushroom, tomato, hash browns, baked beans, fried bread & toast	£14.50
Full English 2 locally made pork sausages, 2 bacon, 2 free range eggs, mushroom, tomato, hash browns, baked beans & toast	£12.50
Vegetarian Breakfast 2 vegan sausages, 2 free range eggs, mushroom, tomato, hash browns, baked beans & toast	£11.50
Breakfast in a Bun 2 bacon, 2 locally made pork sausages & a free range fried egg	£8.50
Bacon Bap or Sandwich 3 rashers of bacon	£6.25
With an egg	£6.95
Sausage Sandwich/Roll 3 locally made pork sausages	£6.50
With an egg	£7.50
Bacon & Sausage Sandwich/Roll 2 bacon & 2 locally made pork sausages	£7.50
Beans on Toast White or brown toast	£6.95
2 Fried, Poached or Scrambled Eggs on Toast White or brown toast	£6.95
Poached or Scrambled Eggs & Smoked Salmon on Toast White or brown toast	£9.95
Poached or Scrambled Eggs & Grilled Black Pudding on Toast White or brown toast	£9.95
Breakfast Wrap 2 sausages, 2 bacon. Free range fried egg & baked beans	£9.50

EXTRAS

Toast	£1.50	Black Pudding	£3.95
Fried Bread	£1.50	Beans	£2.50
Free Range Egg	£1.75	Mushrooms	£2.50
Bacon (2)	£3.50	Hash Browns	£2.95
Sausage (2)	£3.95	Toast & Preserves	£3.95

UPGRADE ANY OF THE ROLLS OR SANDWICHES TO A BAGUETTE FOR £1

American Pancakes Stack **£9.50**
Smoked streaky bacon & maple syrup
OR
Mixed berry compote, whipped cream & maple syrup

SANDWICHES & BAGUETTES

White or Granary bread or a freshly baked baguette, served with a side of fries (upgrade to sweet potato fries for £1)

	Sand	Bag
Davidstow Cheddar Cheese, Honey Roast Ham	£7.95	£8.95
Lemon & Pepper Chicken, Cos Lettuce, Mayo	£7.95	£8.95
Roast Beef, Horseradish	£7.95	£8.95
Tuna Mayo, Red Onion	£8.95	£9.95
Brie, Bacon, Cranberry	£8.95	£9.95
Prawn, Marie Rose, Cos Lettuce	£9.50	£10.50
Rump Steak, Fried Mushrooms & Onions	£14.95	
Southern Fried Chicken, Cos Lettuce, Mayonnaise	£10.95	
Beer Battered Fish Goujons, Tartare Sauce	£10.95	£11.95
Cajun Halloumi, Roasted Pepper	£8.95	£9.95



TORTILLA WRAPS

Served with a side of fries
(upgrade to sweet potato fries for £1)

Southern Fried Chicken, Davidstow Cheddar, BBQ Sauce	£10.95
Tuna, Red Onion, Davidstow Cheddar	£9.95
Brie, Bacon & Cranberry	£9.95
Cajun Halloumi, Roasted Pepper	£9.95
Hunters Chicken Grilled chicken, smoked streaky bacon, chilli & Jack BBQ sauce Davidstow Cheddar	£10.95
Beer Battered Cod Goujons, Cos Lettuce & Tartare Sauce	£11.95

LIGHT MEALS

OMELETTES

Fries & Dressed Salad

Plain Omelette	£9.50
Fluffy three egg omelette with 2 fillings Davidstow Cheddar, ham, chorizo, mushrooms, peppers, tomato, red onion & dressed salad	£11.95
Extra Fillings	£1.50 each
swap for sweet potato fries extra	£1.50
Trethorne Club Sandwich A toasted triple layer sandwich, bacon, tomato, lemon & pepper chicken, cos lettuce, mayonnaise, fries	£10.50
swap for sweet potato fries extra	£1.00

OVEN BAKED JACKET POTATOES

Side salad and pink slaw

Davidstow Cheddar Cheese, Beans	£9.95
Tuna mayo, Red Onion	£10.95
Prawns, Marie Rose	£11.95
Pulled Pork, Davidstow Cheddar	£11.95
3 Bean Chilli	£11.50
Chilli Con Carne, Davidstow Cheddar	£11.95

DIRTY FRIES

Dirty Chilli Fries Chilli con carne, Davidstow Cheddar	£12.50
Dirty 3 Bean Chilli Fries 3 bean chilli, Davidstow Cheddar	£12.50
Dirty Southern Fried Chicken Fries Southern fried chicken & Davidstow Cheddar	£12.95
Dirty Pulled Pork Fries Chilli & Jack BBQ pulled pork, Davidstow Cheddar	£12.95
Dirty Philly Steak Fries Rump steak, peppers, mushrooms, onions, Davidstow Cheddar	£16.95 (6oz) £21.95 (12oz)

ADD CHILLI & JACK DANIELS BBQ SAUCE TO ANY DIRTY FRIES FOR £1.50

NACHOS

Chilli Nachos Chilli tortilla chips, chilli con carne, Davidstow Cheddar, sour cream & guacamole	£12.50
3 Bean Chilli Nachos Chilli tortilla chips, 3 bean chilli, Davidstow Cheddar, sour cream & guacamole	£12.50
Cheese Nachos Chilli tortilla chips, Davidstow Cheddar, sour cream & guacamole	£9.95

STARTERS

Soup of the Day, Bread Roll & Butter	£7.50
Grilled Black Pudding, Smoked Bacon & Poached Free Range Egg	£8.95
Southern Fried Chicken Strips, Chilli & Jack BBQ Sauce	£8.50
Pan Seared Garlic King Prawns, Crispy Chorizo, Roasted Pepper, Garlic Bread	£8.95
Salt & Pepper Squid, Lemon & Lime Mayo	£8.95
Garlic Bruschetta, Sautéed Garlic Mushrooms	£8.50
Cajun Grilled Halloumi, Roasted Red Pepper	£8.50
Smoked Salmon, Lemon, Capers & Black Pepper	£8.95

MAIN MEALS

Beer Battered Cod & Chips	£15.50
<i>Garden or mushy peas, chips & tartare sauce</i>	
Hunters Chicken	£14.95
<i>Grilled chicken breast & smoked streaky bacon, chilli & Jack Daniels BBQ sauce & Davidstow cheddar, with fries & pink slaw</i>	
Honey Roasted Ham	£13.95
<i>Free range fried eggs & chips</i>	
Breaded Whole Tail Scampi	£14.95
<i>Chips, peas & tartare sauce</i>	
Curry of the day	£13.95
<i>Rice or chips & naan bread</i>	
Chicken Caesar Salad	£13.95
<i>Grilled chicken & bacon, cos lettuce, croutons & parmesan</i>	
Chicken & Chorizo Penne	£14.95
<i>Creamy cheddar sauce & garlic bread</i>	
Traditional Beef Lasagne	£13.95
<i>Dressed salad, garlic bread & chips</i>	
Chilli Con Carne	£13.95
<i>Rice & chilli tortilla chips</i>	
Pie of the Day	£13.95
<i>Mashed Potato, peas & gravy</i>	
Chicken & Chorizo Jambalaya	£13.95
<i>Cajun spiced rice, chicken, chorizo & roasted red pepper, garlic bread</i>	

VEGETARIAN OPTIONS

Butternut Squash & Spinach Lasagne	£13.95
<i>Dressed salad, chips & garlic bread</i>	
Red Lentil & Spinach Dahl	13.95
<i>Slow cooked red lentil curry, rice or chips & naan bread</i>	
Roasted Red Pepper Jambalaya	£13.50
<i>Cajun spiced rice, roasted red pepper, garlic bread</i>	
Mac N Cheese	£12.95
<i>Garlic bread & dressed salad</i>	
Cajun Spiced Halloumi & Roasted Red Pepper Salad	£12.95
3 Bean Chilli	£13.95
<i>Rice, Chilli Tortilla Chips</i>	

SIDE ORDERS

Chips	£4.95
Fries	£4.95
Sweet Potato Fries	£5.95
Cheesy Chips	£5.50
Cheesy Fries	£5.95
Cheesy Sweet Potato Fries	£6.95
Cajun or Piri Piri Spiced Fries	£5.75
Onion Rings	£5.50
Garlic Bread	£5.95
Garlic Bread with Cheese	£6.95
Pink Slaw	£3.50
Dressed Side Salad	£4.95

FROM THE GRILL

Served with balsamic roasted tomato, wild mushrooms, beer battered onion rings, peas & chips or fries (upgrade to sweet potato fries for £1.50)

12oz Rump steak	£22.95
6oz Rump steak	£16.95
8oz Sirloin steak	£21.95
10oz Gammon steak	£16.95
<i>free range fried egg & grilled pineapple</i>	
Trethorne Mixed Grill	£24.95
<i>Rump steak, pork steak, lamb cutlet, gammon steak, pork sausage & free range fried egg</i>	

EXTRAS

6 Breaded Whole Tail Scampi	£5.95	Garlic & Parsley Butter Sauces	£3.50
5 Garlic King Prawns	£6.50	(Peppercorn or Cornish blue cheese)	£4.50

TRETHORNE BURGERS

Toasted brioche bun, cos lettuce, tomato, gherkins, chilli jam & pink slaw

Trethorne Signature Burger	£16.50
<i>6oz steak burger, Davidstow Cheddar, smoked streaky bacon, onion rings & free range fried egg</i>	
Classic Cheese Burger	£13.95
<i>6oz steak burger & Davidstow Cheddar</i>	
Trethorne Piggy Back	£16.95
<i>6oz steak burger, Davidstow Cheddar, chilli & Jack Daniels pulled pork & Smoked Streaky Bacon</i>	
Pulled Pork	£13.95
<i>Chilli & Jack Daniels pulled pork & Davidstow Cheddar</i>	
Southern Fried Chicken	£13.95
<i>Chicken breast in a crispy southern fried coating</i>	

Double up, add a 6oz steak burger, chilli & Jack Daniels pulled pork or southern fried chicken burger £4.95

BURGER SIDES

Fries	
Chips	
Sweet Potato Fries	£1.95 Extra

BURGER EXTRAS

Smoked Streaky Bacon (2)	£2.95
Egg	£1.75
Onion Rings	£1.95
Cheese	£1.50
Coleslaw	£3.50





We cater for all types of events including weddings, birthdays, conferences and any other special event.
To enquire please contact us @ reservations@trethornegolfclub.com

THE HEARTY PIRATES KIDS MENU



BUILD YOUR OWN MEAL
PLEASE CHOOSE 1 ITEM
FROM EACH ISLAND

KIDS MAIN MENU - £8.95

MAIN

- Chilli Con Carne
- 3 Bean Chilli
- Lasagne
- ½ Chicken Breast
- Chicken Bites
- Sausages
- Mini Battered Cod
- Veggie Sausages
- Cheese & Tomato Naan
- Bread Pizza
- Mac N Cheese
- Beef Cheese Burger
- Penne Pasta, Tomato Sauce
- Southern Fried Chicken Strips



SIDE 1

- Fries
- Mash
- Rice
- Penne Pasta
- Garlic Bread
- Bread Roll
- ½ Jacket Potato
- Sweet Potato Fries



SIDE 2

- Peas
- Beans
- Vegetables
- Salad
- Grated Cheese



DESSERT

- Yoghurt
- Fruit Salad
- Mini Brownie
- Dairy Milk
- Vanilla Ice Cream
- Strawberry Ice Cream
- Chocolate Ice Cream



DRINK

- Simply Fruity Strawberry
- Simply Fruity Orange
- Simply Fruity Blackcurrant
- Simply Fruity Apple
- Water
- Pepsi Max
- Pepsi
- Lemonade
- Milk



KIDS SNACK BOXES- £6.95

SANDWICHES

- Jam
- Cheese
- Ham



CRISPS

- Plain
- Cheese & Onion
- Salt & Vinegar



DESSERT

- Yogurt
- Fruit
- Mini Brownie
- Dairy Milk
- Kit Kat



DRINK

- Simply Fruity Strawberry
- Simply Fruity Orange
- Simply Fruity Blackcurrant
- Simply Fruity Apple
- Water
- Pepsi Max
- Pepsi
- Lemonade



LITTLE PIRATES PLAY AREA