



MENU

FOOD SERVED: **Monday-Friday 7am-2pm & 5:30pm-9pm** | **Saturday & Sunday 7am-9pm**



We have looked into detail at our kitchen procedures and although we have taken steps to control the unintended presence of allergenic ingredients in our food, we cannot fully guarantee this.

BREAKFAST MENU

Served 7am until 10am

Unlimited Cooked or Continental Breakfast <i>All you can eat breakfast, which includes unlimited fruit juices & tea & coffee</i>	ONLY £16.95
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Monday – Friday 7am-2pm & 5:30pm-9pm
Saturday & Sunday 7am – 9pm

Golfers Breakfast <i>2 locally made pork sausages, 2 bacon, black pudding, 2 free range eggs, mushroom, tomato, hash browns, baked beans, fried bread & toast</i>	£14.95
Full English <i>2 locally made pork sausages, 2 bacon, 2 free range eggs, mushroom, tomato, hash browns, baked beans & toast</i>	£12.95
Vegetarian Breakfast <i>2 vegan sausages, 2 free range eggs, mushroom, tomato, hash browns, baked beans & toast</i>	£11.95
UPGRADE ANY OF THE ROLLS OR SANDWICHES TO A BAGUETTE FOR £1	
Breakfast in a Bun <i>2 bacon, 2 locally made pork sausages & a free range fried egg</i>	£9.50
Bacon Bap or Sandwich <i>3 rashers of bacon</i>	£6.95
With an egg	£7.95
Sausage Sandwich/Roll <i>3 locally made pork sausages</i>	£7.50
With an egg	£8.50
Bacon & Sausage Sandwich/Roll <i>2 bacon & 2 locally made pork sausages</i>	£8.25
Beans on Toast <i>White or brown toast</i>	£7.50
2 Fried, Poached or Scrambled Eggs on Toast <i>White or brown toast</i>	£7.50
Poached or Scrambled Eggs & Smoked Salmon on Toast <i>White or brown toast</i>	£10.95
With smashed avocado	£11.95
Poached or Scrambled Eggs & Grilled Black Pudding on Toast <i>White or brown toast</i>	£10.95
Eggs Benedict <i>2 poached eggs, smoked streaky bacon, hollandaise sauce & toast</i>	£11.95
Breakfast Wrap <i>2 sausages, 2 bacon. Free range fried egg, baked beans & hash browns</i>	£10.25

EXTRAS			
Toast	£1.50	Black Pudding	£3.95
Fried Bread	£1.50	Beans	£2.50
Free Range Egg	£1.75	Mushrooms	£2.50
Bacon (2)	£3.50	Hash Browns	£2.95
Sausage (2)	£3.95	Toast & Preserves	£3.95

American Pancakes Stack <i>Smoked streaky bacon & maple syrup OR Mixed berry compote, whipped cream & maple syrup</i>	£7.95
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SANDWICHES & BAGUETTES

White or Brown bloomer bread or a freshly baked sourdough baguette, served with a side of fries (upgrade to sweet potato fries £1.50)		
	<i>Sand</i>	<i>Bag</i>
Cheddar Cheese, Honey Roast Ham	£8.50	£9.50
Lemon & Pepper Chicken, Cos Lettuce, Mayo	£8.50	£9.50
Roast Beef, Horseradish	£8.50	£9.50
Tuna Mayo, Red Onion	£8.50	£9.50
Brie, Bacon, Cranberry	£8.95	£9.95
Prawn, Marie Rose, Cos Lettuce	£10.95	£11.95
Rump Steak, Fried Mushrooms & Onions	£16.95	
Southern Fried Chicken, Cos Lettuce, Mayonnaise	£11.95	£11.95
Beer Battered Fish Goujons, Tartare Sauce	£11.95	£12.95
Cajun Halloumi, Roasted Pepper	£9.95	£10.95
Cajun Chicken, Cos Lettuce, Mayo		£11.95
<i>If you would like your sandwich toasted please ask when you order</i>		

TORTILLA WRAPS

Served with a side of fries (upgrade to sweet potato fries £1.50)	
Southern Fried Chicken, Cheddar, BBQ Sauce	£11.95
Cajun Chicken, Sweet Chilli & Cheddar	£11.95
Tuna, Red Onion, Cheddar	£9.95
Brie, Bacon & Cranberry	£10.95
Cajun Grilled Halloumi, Red Onion, Roasted Pepper	£10.95
Hunters Chicken <i>Grilled chicken, smoked streaky bacon, cheddar, chilli & Jack BBQ sauce</i>	£11.95
Beer Battered Cod Goujons <i>Cos lettuce & tartare sauce</i>	£12.95
Smash Burger <i>Gherkin, crispy onions, Monterey Jack & burger Sauce</i>	£12.95

LIGHT MEALS

OMELETTES <i>Fries & Dressed Salad</i>	
Plain Omelette	£10.95
Fluffy three egg omelette with 2 fillings <i>Cheddar, ham, chorizo, mushrooms, peppers, tomato, red onion & dressed salad</i>	£12.95
Extra Fillings	£1.50 each
Upgrade to sweet potato fries	£1.50
TRETHORNE CLUB SANDWICH <i>A toasted triple layer sandwich, bacon, tomato, lemon & pepper chicken, cos lettuce, mayonnaise & fries</i>	
Upgrade to sweet potato fries	£1.50
OVEN BAKED JACKET POTATOES <i>Side Salad & Pink Slaw</i>	
Cheddar Cheese, Beans	£10.95
Tuna mayo, Red Onion	£11.95
Prawns, Marie Rose	£13.95
Pulled Pork, Cheddar Cheese	£12.95
3 Bean Chilli	£12.50
Chilli Con Carne, Cheddar Cheese	£12.95
Curry of the Day	£12.95

DIRTY FRIES, NACHOS & WINGS

DIRTY FRIES	
Dirty Burger Fries <i>Smash burger bits, crispy onions, gherkins, cheddar & burger sauce</i>	£13.95
Dirty Chilli Fries <i>Chilli con carne, pickled jalapeños, melted cheddar, salsa & sour cream</i>	£13.95
Dirty 3 Bean Chilli Fries <i>3 bean chilli, pickled jalapeños, melted cheddar, salsa & sour cream</i>	£13.95
Dirty Southern Fried Chicken Fries, Sweet Chilli Sauce <i>Southern fried chicken & melted cheddar</i>	£13.95
Dirty Pulled Pork Fries <i>Chilli & Jack BBQ pulled pork, melted cheddar & crispy onions</i>	£13.95
Dirty Steak Fries <i>Rump steak, crispy onions, melted cheddar, pepper or blue cheese sauce</i>	£18.95 (6oz rump) £23.95 (12oz Rump or 8oz Sirloin)
ADD CHILLI & JACK DANIELS BBQ SAUCE TO ANY DIRTY FRIES FOR £1.50	
NACHOS	
Chilli Nachos <i>Chilli tortilla chips, chilli con carne, melted cheddar, jalapeños, salsa, sour cream & guacamole</i>	£13.95
3 Bean Chilli Nachos <i>Chilli tortilla chips, 3 bean chilli, melted cheddar, jalapeños, salsa, sour cream & guacamole</i>	£13.95
Cheese Nachos <i>Chilli tortilla chips, melted cheddar, jalapeños, salsa, sour cream & guacamole</i>	£9.95
HOT & SPICY CHICKEN WINGS	
Crispy Hot Wings, Beer Battered Onion Rings & Fries <i>With sweet chilli dip, Peri Peri hot sauce & ruby slaw</i>	£14.95

STARTERS

Soup of the Day, Bread Roll & Butter	£7.50
Grilled Black Pudding, Smoked Bacon & Poached Free Range Egg	£8.95
Southern Fried Chicken Strips, Chilli & Jack BBQ Sauce	£8.50
Pan Seared Garlic King Prawns, Crispy Chorizo, Roasted Pepper, Garlic Bread	£8.95
Salt & Pepper Squid, Lemon & Lime Mayo	£8.95
Garlic Bruschetta, Sautéed Garlic Mushrooms	£8.50
Cajun Grilled Halloumi, Roasted Red Pepper	£8.50
Smoked Salmon, Lemon, Capers & Black Pepper	£8.95

MAIN MEALS

Beer Battered Cod & Chip Shop Treats	£16.95
<i>Garden or mushy peas, chips, tartare sauce & curry sauce</i>	
Hunters Chicken	£15.95
<i>Grilled chicken breast & smoked streaky bacon, chilli & Jack Daniels BBQ sauce & cheddar, with fries & pink slaw</i>	
Piggy Back Hunters Chicken	£18.95
<i>Grilled chicken breast & smoked streaky bacon, chilli & Jack Daniels BBQ pulled pork & cheddar, with fries & pink slaw</i>	
Honey Roasted Ham	£14.95
<i>Free range fried eggs & chips</i>	
Breaded Whole Tail Scampi	£15.95
<i>Chips, peas & tartare sauce</i>	
Curry of the day	£14.95
<i>Naan bread, lime & coriander rice or chips</i>	
Chicken Caesar Salad	£14.95
<i>Grilled chicken & bacon, cos lettuce, croutons & parmesan</i>	
Chicken & Chorizo Penne	£15.95
<i>Creamy cheddar sauce & garlic bread</i>	
Traditional Beef Lasagne	£14.95
<i>Dressed salad, garlic bread & chips</i>	
Chilli Con Carne	£14.95
<i>Lime & coriander rice & chilli tortilla chips</i>	
Pie of the Day	£15.95
<i>Mashed potato, peas & gravy</i>	

VEGETARIAN OPTIONS

Butternut Squash & Spinach Lasagne	£14.95
<i>Dressed salad, chips & garlic bread</i>	
Red Lentil & Spinach Dahl	£14.95
<i>Slow cooked red lentil curry, lime & coriander rice or chips & naan bread</i>	
Mac N Cheese	£13.95
<i>Garlic bread & dressed salad</i>	
Cajun Spiced Halloumi & Roasted Red Pepper Salad	£13.95
3 Bean Chilli	£14.95
<i>Lime & coriander rice & chilli tortilla chips</i>	

SIDE ORDERS

Chips	£4.95
Fries	£4.95
Cajun Spiced Fries	£5.25
Sweet Potato Fries	£5.95
Cheesy Chips	£5.95
Cheesy Fries	£5.95
Cheesy Sweet Potato Fries	£6.95
Onion Rings	£5.95
Garlic Sourdough	£5.95
Garlic Sourdough with Cheese	£6.95
Pink Slaw	£3.50
Dressed Side Salad	£4.95
3 Crispy Hot Wings, Sweet Chilli Dip	£4.95
6 Mozzarella Sticks, Sweet Chilli Dip	£5.95

FROM THE GRILL

Served with balsamic roasted tomato, portobello mushroom, beer battered onion rings, peas & chips or fries (upgrade to sweet potato fries £1.50)

12oz Rump steak	£24.50
6oz Rump steak	£17.95
8oz Sirloin steak	£23.95
10oz Gammon steak	£16.95
<i>free range fried egg & grilled pineapple</i>	
Trethorne Mixed Grill	£25.50
<i>Rump steak, pork steak, lamb cutlet, gammon steak, pork sausage & free range fried egg</i>	

EXTRAS

6 Breaded Whole Tail Scampi	£5.95	Garlic & Parsley Butter	£3.50
5 Garlic King Prawns	£6.95	Sauces	£4.50
		<i>(Peppercorn or Cornish blue cheese)</i>	

TRETHORNE BURGERS

Toasted brioche bun, cos lettuce, tomato, gherkins, chilli jam & pink slaw

The Trethorne Signature Smash	£18.50
<i>2, 4oz smash patties, Monterey Jack cheese, burger sauce, smoked streaky bacon, onion rings & free range fried egg</i>	
The Classic Smash Cheese	£15.50
<i>2, 4oz smash patties, Monterey Jack cheese & burger sauce</i>	
The Triple Smash Cheese Stack	£18.95
<i>3, 4oz smash patties, Monterey Jack cheese & burger sauce</i>	
The Trethorne Smash Piggy Back	£18.50
<i>2, 4oz smash patties, Monterey Jack cheese, chilli & Jack Daniels pulled pork & smoked streaky bacon</i>	
The Hawaiian Smash	£17.50
<i>2, 4oz smash patties, smoked streaky bacon, grilled pineapple & fried egg</i>	
The Pulled Pig	£14.95
<i>Chilli & Jack Daniels pulled pork & Monterey Jack cheese</i>	
The Cajun Chicken	£15.95
<i>Grilled cajun spiced chicken breast, guacamole, salsa, sour cream & chilli tortilla chips</i>	
The Southern Fried	£14.95
<i>Chicken breast in a crispy southern fried coating & mayo</i>	
The Spicy Clucker	£15.95
<i>Southern fried chicken breast, tossed in piri piri hot sauce</i>	
The Fish & Chips	£15.95
<i>Beer battered cod fillet, tartare sauce & chip shop curry sauce</i>	
The Sweet & Spicy	£15.95
<i>Southern fried chicken burger, tossed in honey & sweet chilli</i>	
The Spiced Halloumi	£15.95
<i>Grilled cajun halloumi & roasted red pepper</i>	

Upgrade & add a 4oz smash beef patty, chilli & Jack Daniels pulled pork, cajun chicken breast or southern fried chicken burger £4.95

CHOOSE YOUR SIDE

Fries	
Chips	
Cajun Fries	30p Extra
Sweet Potato Fries	£1.95 Extra
Loaded Fries Upgrade	
- Cheese, bacon, crispy onions	£2.95
- Chilli, cheese & pickled jalapeño	£4.95
- Chilli & Jack BBQ pulled pork, crispy onions & cheese	£4.95

Upgrade of Loaded Fries can be added to any Main Meal or Side

BURGER EXTRAS

Smoked Streaky Bacon (2)	£3.50
Egg	£1.95
3 Onion Rings	£2.50
Monterey Jack Cheese	£1.50
Coleslaw	£3.50
Mozzarella Sticks & Sweet Chilli Sauce	£5.95
3 Crispy Hot Wings & Sweet Chilli Dip	£4.95



We cater for all types of events including weddings, birthdays, conferences and any other special event.

To enquire please contact us @ reservations@trethornegolfclub.com



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THE HEARTY PIRATES KIDS MENU



BUILD YOUR OWN MEAL
PLEASE CHOOSE 1 ITEM
FROM EACH ISLAND

KIDS MAIN MENU - £8.95

MAIN

Chilli Con Carne
3 Bean Chilli
Lasagne
½ Chicken Breast
Chicken Bites
Sausages
Mini Battered Cod
Veggie Sausages
Cheese & Tomato Naan
Bread Pizza
Mac N Cheese
4oz Smash Cheese Burger
Penne Pasta, Tomato Sauce
Southern Fried Chicken Strips
Breaded Mozzarella Strips



SIDE 1

Fries
Chips
Mash
Rice
Penne Pasta
Garlic Bread
Bread Roll
½ Jacket Potato
Sweet Potato Fries



SIDE 2

Peas
Beans
Vegetables
Salad
Grated Cheese



DESSERT

Yoghurt
Piece of Fruit
Mini Brownie
Bar of Chocolate
A Scoop of Ice Cream



DRINK

Simply Fruity
Water
Pepsi Max
Pepsi
Lemonade
Milk



KIDS SNACK BOXES- £6.95

SANDWICHES

Jam
Cheese
Ham

CRISPS

Plain
Cheese & Onion
Salt & Vinegar



DESSERT

Yogurt
Fruit
Mini Brownie
Bar of Chocolate



DRINK

Simply Fruity
Water
Pepsi Max
Pepsi
Lemonade



LITTLE PIRATES PLAY AREA

